

Health Quest

Health Questions? A Fun and Informative Way to Get Answers

Stockton Springs Public Library is thrilled to partner with Healthy Acadia, public libraries and other community organizations across Downeast Maine to launch the Health Quest Challenge. We encourage you to support your overall wellness and increase your health literacy with our Health Quest challenges.

The goal of these quests is to increase awareness and use of the [National Library of Medicine's](#) FREE public online health resources, which include: up-to-date information about wellness issues, prevention, diseases, chronic conditions, peer-reviewed medical research articles, pharmacological reference, toxic substances and household product databases, clinical trials, and much more. There is so much impactful and interactive information to be found on these websites, we want them at your fingertips.

Rewards

Discover pathways towards optimal health and the chance win hand painted artwork to warm your heart.

Wall art, hand painted in Haiti, crafted with recycled metal and ready to hang - 100 prizes have been donated to help celebrate the joys of science and all the arts!

[Click here to get started!](#)



Stockton Springs Community Library
Providing library users of all ages with a
welcoming atmosphere and
Encouraging lifelong learning and a sense
of community



This project is funded in part by the National Library of Medicine, National Institutes of Health, Department of Health and Human Services, under Cooperative Agreement Number UG4LM012347 with the University of Massachusetts Medical School, Worcester.